

Summer 2022 Week 1- Sports Create a Cheerleading Chant!

K-5

Objective: Students will collaborate to write a cheer chant and choreograph the movements for the cheer.

Topics & Keywords for Discussion:

Choreograph: a spontaneous group discussion to produce ideas and ways of solving problems.

Materials: youtube- cheer chants,

Opening activity: Form teams of 4-6 members. Let them know that today's activity is creating a cheerleading chant for the sports activities this summer. Will this chant incorporate their club mascot? What qualities are they proud of: bravery/courage, talent/skill, sassiness, power/strength, genius/cleverness? Work with each team to come up with 3 different chants.

Core Activity: This activity has 2 parts: writing a cheerleading chant and choreographing the movements. How to Create a Cheerleading Chant: A cheerleading chant is a peppy, short cheer that utilizes arm movements and leg positions to emphasize words or themes. The movements in the chant follow the beat or rhythm of the words. Simplicity is key when developing a chant. Create a chant using basic team information like inserting the mascot's name, your team color or your school name however you like. There are some basic chants that can be used for any sport chants. You can use your voice, arms and legs or clapping to keep the beat. Chants are repeated three or four times. Chants incorporate only basic movements, have a simple, repeating rhythm and usually don't contain jumps. Use your hands frequently, as there are five basic hand positions: blades, daggers, buckets, candlesticks and knockers.

Reflection: As students help clean up the space, ask them: did you like this activity? Why or why not? Are you going to remember your chant for some of the sport activities this week? Do you want to create MORE cheerleading chants? Why or why not?

