

ZIP, ZAP, ZOOM

Kids move their bodies and get in a few laughs while playing our popular Recess Enhancement Program (REP) game, Zip, Zap, Zoom.

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WHO: GRADES 3-8

Players: 10-15

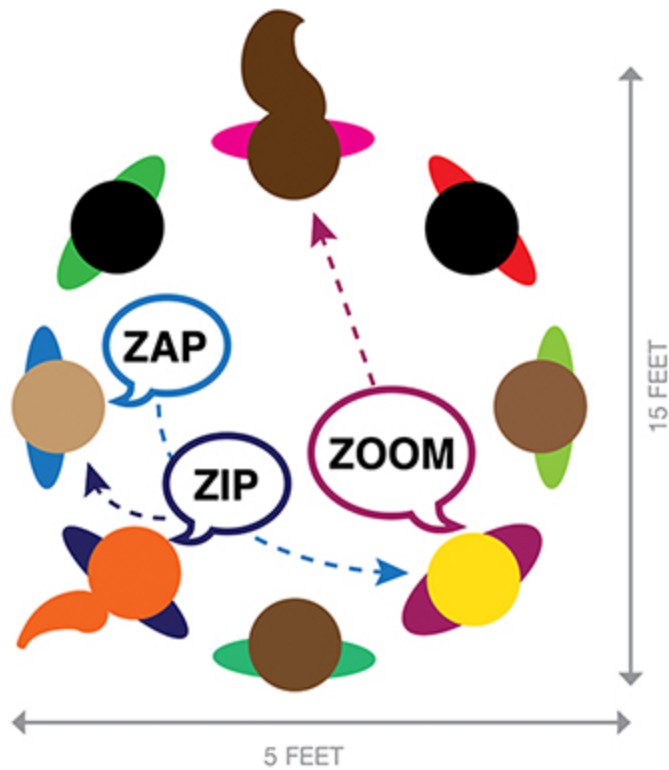
Time: 5 minutes+

Where: Auditorium, hallway, cafeteria, classroom, gymnasium, library, playground

Equipment: None

HOW TO PLAY:

- Form a circle and stand 6 feet away from each other.
- One player starts the game by clap-pointing while saying, "zip," to a player on his or her left.
- That player will clap-point and say, "zap" to a player on his or her right.
- Next, that player will clap-point while saying, "zoom" to someone new. Keep the pattern going.
- Restart if the wrong command is said or someone claps in the wrong direction.



CHECK FOR UNDERSTANDING

- What comes after zoom?
- Which way do you turn for zap?

GAME TIP

- Do a practice round before starting?

CONFLICT RESOLUTION TIP

- Make sure players look each other in the eye before passing.

OUTDOOR TIP

- Add jumping or squatting to the clap-passing movements.

PLAY: REP IT OUT

EASY: Complete in 30 seconds.

MEDIUM: Add lunges to the clap-passing movement.

HARD: Stand on one foot while waiting.