

## NAME AND MOTION

Players work on concentration and get physical activity in Recess Enhancement Program (REP) game Name and Motion.

## NAME AND MOTION

**Who:** Grades K-8

**Players:** 5+

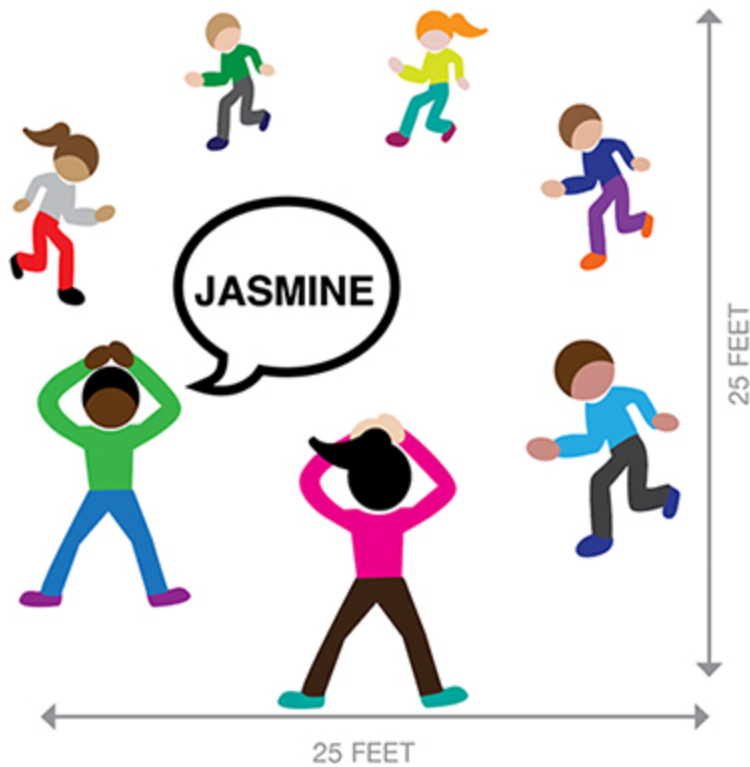
**Time:** 10 minutes+

**Where:** Auditorium, cafeteria, classroom, gymnasium, hallway, library, playground

**Equipment:** None

## HOW TO PLAY

- Players form a circle and stand 6 feet away from each other. One player will say his or her name and do a motion or gesture.
- The person on the right of that player will repeat the first player's name and motion.
- The first player's name and motion will be repeated by each person in the circle.
- When it gets back to the first player, everyone will repeat his or her name and motion as a group.
- After the name and motion is said as a group, the cycle starts again with a different player.



## CHECK FOR UNDERSTANDING

- What do you do after you say your name?
- What is a gesture?

## GAME TIP

- Demonstrate different types of motions and gestures before the game starts.

## CONFLICT RESOLUTION TIP

- Have the players practice their motions before the game starts.

### PLAY: REP IT OUT

**Easy:** Have players do one motion.

**Medium:** Have players do two motions.

**Hard:** Have players do three motions.