

I'M GOING TO RECESS

Kids exercise their brains and bodies in this popular Recess Enhancement Program (REP) game, I'm Going to Recess.

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Who: Grades K-8

Players: 5+

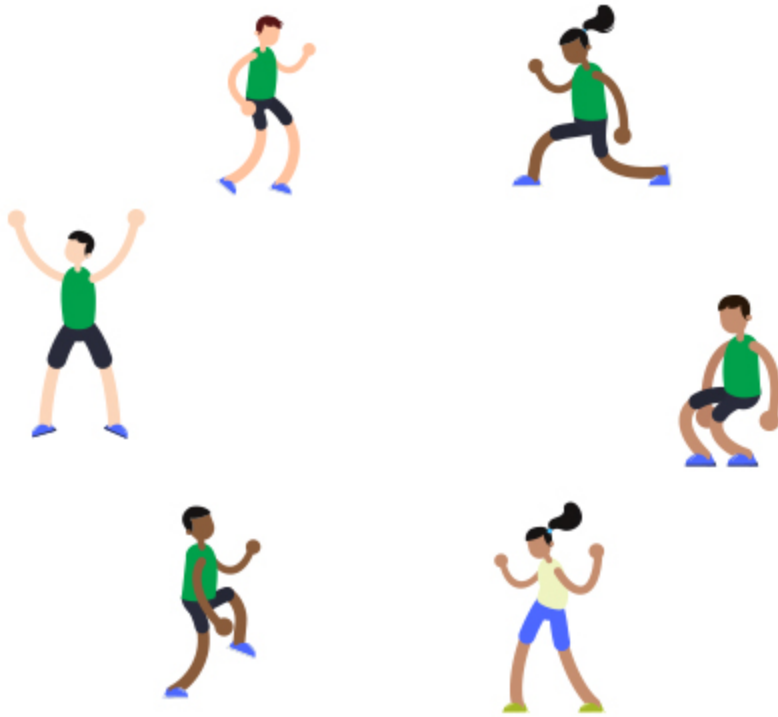
Time: 10 minutes+

Where: Auditorium, cafeteria, classroom, gymnasium, hallway, library, playground **Equipment:**

None

HOW TO PLAY

- Players form a circle standing 6 feet apart from one another.
- The leader will select one person to start. That player will say, "I am going to recess and I am bringing [noun that begins with the letter A]."
- The person on his or her left will then say, "I am going to recess and I am bringing [noun that begins with the letter B]." This pattern continues until the group completes the alphabet.
- If someone says the incorrect letter or a word that is not in the dictionary, then the whole circle does 10 seconds of silly dancing.



CHECK FOR UNDERSTANDING

- What does each word have to begin with?
- What happens if a player makes a mistake?

GAME TIP

- Put a time limit on each turn.

CONFLICT-RESOLUTION TIP

- Play rock-paper-scissors to settle any disputes.

PLAY: REP IT OUT

Easy: Players must jog in place.

Medium: Players must make it through the alphabet twice.

Hard: Players can only bring something from a specific category (fruit, animals, etc.).

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